

LIP BLUSHING PRE-CARE INSTRUCTIONS

PREPARE YOUR LIPS

To perform cosmetic tattoo procedures on the lips, the skin of your lips must be hydrated and moisturized on the day of your appointment. We ask all clients to begin a daily lip regiments days before you are scheduled to come in to prepare the lips.

REGIMENT

- Vitamin A&D should be applied throughout the day.
- After showering when lips are soft and supple, gently scrub your lips, especially the middle, and apply a layer of Vitamin A&D. You can make a homemade scrub by mixing brown sugar, honey, and olive oil in the same proportions.

If skin is overly dry, cracked, peeling, red/irritated, burnt, or has scabs on the day of your appointment we reserve the right to cancel your appointment.

PAIN LEVEL

Though the sensation of micro-pigmentation is minimal, all clients will respond to pain differently. To alleviate possible discomfort, a strong topical anesthetic will be applied before and during the procedure.

*Please note that you will be more sensitive 5 days before, during, and 5 days after your menstrual cycle.

Do not take any blood thinners such as Ibuprofen and Aspirin 24 hours before. Tylenol can be taken 30 minutes before your treatment without any contraindications.

COLD SORES

For clients with an ANY history of cold sores/fever blisters/herpes, please contact your physician and request a prescription for Zovirax or Valtrex. Take it the day before, on the day of, and the day after your appointment. If you experience frequent outbreaks, please note that Lip Blush can only be done after 4 weeks from your most recent outbreak. All other questions or concerns should be discussed with a healthcare physician.

ADDITIONAL INFORMATION:

You may swell; please make sure you don't have anything important for the next 1-2 days after your visit (depends on the person).

- Do not exercise the day of the procedure.
- Do not tan or come with a sunburned face.
- Do not consume caffeinated products 24 hours before the procedure.
- Do not consume alcohol 1-2 days before your procedure
- Do not take Aspirin, Niacin, Vitamin E, or Ibuprofen 24-48 hours before the procedure.
- Avoid Chemical Peels, Botox, Laser treatment 1 month before your appointment.
- No injections/fillers/micro needling in the procedure area 4 weeks prior to the scheduled appointment.