

# BROW PRE-CARE INSTRUCTIONS

## PREPARE YOUR SKIN

To perform cosmetic tattoo procedures, the skin must be healthy, hydrated, and moisturized on the day of your appointment. Please avoid prolonged sun exposure for at least 1 week prior to your procedure. Skin cannot be severely tanned or burnt on the day of your appointment.

If skin is overly dry, cracked, peeling, red/irritated, burnt, or has scabs on the day of your appointment we reserve the right to cancel your appointment.

## PAIN LEVEL

Though the sensation of micro-pigmentation is minimal, all clients will respond to pain differently. To alleviate possible discomfort, a strong topical anesthetic will be applied before and during the procedure.

\*Please note that you will be more sensitive 5 days before, during, and 5 days after your menstrual cycle.

Do not take any blood thinners such as Ibuprofen and Aspirin 24 hours before. Tylenol can be taken 30 minutes before your treatment without any contraindications.

## ADDITIONAL INFORMATION:

You may swell; please make sure you don't have anything important for the next 1-2 days after your visit (depends on the person).

- If you use or have used RetinA or any other medications, please advise the technician.
- Do not exercise the day of the procedure.
- Do not tan or come with a sunburned face.
- Do not consume caffeinated products 24 hours before the procedure.
- Do not consume alcohol 1-2 days before your procedure
- Do not take Aspirin, Niacin, Vitamin E, or Ibuprofen 24-48 hours before the procedure.
- Avoid Chemical Peels, Botox, Laser treatment 1 month before your appointment.
- No injections/fillers/micro needling in the procedure area 2 weeks prior to the scheduled appointment.